



# Student Government Chronicles

1<sup>ST</sup> EDITION
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PRICELESS

ON THIS DAY, MARCH 7, 2008, WE (PATRONS OF STUDENT GOVERNMENT) HEREBY INTRODUCE A PAPER DEDICATED TO INFORMING OUR STUDENT BODY ON CURRENT RELATIONS WITHIN NEWARK HIGH SCHOOL THROUGH THE GUISE OF SATIRE AND PERSONAL OPINION.

- LEADERS OF STUDENT GOVERNMENT

I MAY DISAGREE WITH WHAT YOU HAVE TO SAY BUT WILL FIGHT TO THE DEATH TO PROTECT YOUR RIGHT TO SAY IT.

- VOLTAIRE

## Featured Editorial: Journalism: About as Useful as a Chocolate Teapot. By: Shawn Patterson



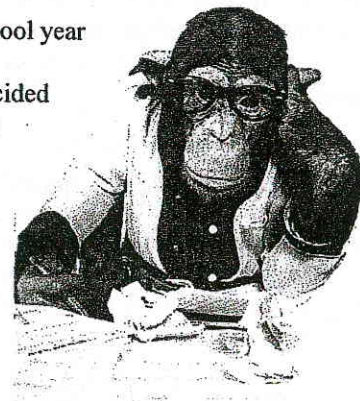
### INDEX

- Page 2 - State of Affairs  
School Spirit with Mr. Tomashek
- Page 3 - Interview with Mr. Martel  
Memorable Quotes
- Page 4 - Kudos
- Page 5 - Physics with Mr. Yonko  
Fun Fitness with Mike Mooney
- Page 6 - School History  
Student Government
- Page 7 - Newark's next Tiffany Wen  
Interesting Facts
- Page 8 - Kooking with Koliss
- Page 9 - A Quick Note in Philosophy  
Views on Late Policy
- Page 10 - Fun Page  
Cosby Color-in

One would think the best way to waste your time would be to add a block or a study hall to your schedule. With a block you could either sleep in and have a more productive day, or get out early and have more time to get your homework done before *American Idol* comes on. In a study hall, you socialize, and possibly cram some last minute homework in before your class. These seem like small accomplishments to many, but in comparison with the Journalism class at Newark High School, they are very noteworthy indeed.

In my opinion, Journalism at Newark High School has become a joke. Half of a school year has gone by, and an entire class of students has yet to produce one three page paper. For this reason, we decided to write this paper as a form of protest. In three weeks time, a pair of students created a more dignified publication than the "Buzz" has in two marking periods.

Well, "what are these students doing during this time?" is the logical question one would ask, and it is a good question. Personally, I have been interviewed four times, by three different "journalism staff members". Regarding Student Government events. At this point, does anyone care about what happened at Homecoming (Sept.), who won the Dodgeball Tournaments (Nov), or what happened with Survivor (Jan)? The purpose of a school paper is to inform, in a timely manner, what has and what will go on at Newark High School. Also, many have witnessed students wandering the halls with the journalism



pass. I know numerous "staff members" who have simply ambled into a class, asking to do some work, because they weren't doing anything in journalism.

In defense of journalism, they do not have the funding they once had. For that reason, Newark High School Student Government donated \$500.00 to the Journalism department to pay for the first paper. It was estimated at first that the paper would cost \$300.00. Student Government sits waiting to be able to write the check to reimburse the paper, but it looks more and more like this day will never come. So to all you fans of the school paper out there, don't hold your breath.

The Student Government Chronicles was brought to you by;

Editor and Chief/ Head Journalist Glenn Watson

Head Journalist Shawn Patterson



By Brett Tomashek

What exactly is "school spirit"? When I did my student teaching at Smyrna High School in 2003, I witnessed some seriously intense school spirit. At their annual spring pep rally, a teacher walked around the gymnasium with a field hockey stick wrapped in red and white tape, and the group of students (seated by graduation class) that showed the most school spirit won the stick. I swear, the students went completely cuckoo for Cocoa Puffs, screaming at the top of their lungs and stomping on the bleachers. Some students passed out and others lost control of their bowels. That's school spirit.

What's the current state of school spirit at Newark High School? It certainly exists, yet I'd like to see more of it. As with any school population, there are always some NHS students that haven't one iota of school spirit. There are others with two or three iotas of school spirit, but that still doesn't cut it. Of course, anyone who's attended a Newark High sporting event, or walked through the halls on a Friday when everybody's dressed in their yellow and black, or sat next to the band at a football game can attest that true NHS school spirit is quite alive. The 21<sup>st</sup> Century Newark High School continues to send students to the top schools in the nation and competes for state titles in various sports, so there's certainly ample reason to take pride in our school community.

One difference I see between my own experience as a Newark High School student (1982-1986) and today's NHS students is that my friends and I never had to choose between Newark High and (completely elitist) charter schools. Sure, some of my friends ended up going to St. Marks or Sallies or Caravel or wherever, but their parents were all irresponsible and probably mental. If an exceptional scholar, athlete, actor or hippie lived within Newark High School district boundaries, they generally went to Newark High School. Most of my friends and I, as a matter of fact, earned all-state honors in whatever sport we played, and chose to attend the University of Delaware despite getting full-scholarships to Princeton, Harvard and Yale; we had so much school spirit, though, that we couldn't bear being too far away from our alma mater, Newark High School.

As you can see, "school spirit" is extremely important to me. Your English teacher, after reading this article, might disapprove of my using the term over and over and over, but once I am overcome by Yellow Jacket pride, my composition skills tend to regress.

C'mon, guys, let's *all* catch the spirit and drive our English teachers crazy...



Mr. Tomashek in full spirit at this year's wing competition

### **Personal ideology on the school's condition (past, present, and future)** by Glenn Watson

As the Vice President of Student Government, I am somewhat embarrassed to report that many constituents of the student body, mainly the senior class, have finally come to the realization that not only is Newark's school spirit at an all time low, but communications between the student body and administration are also lacking. I pictured my High School career to be filled with periodic lectures on important information for college bound students, counselor meetings throughout the marking period discussing my grades and personal expectations, and the slightest recognition for my academic achievements.

But NO! Our school neglects to hold any informational seminars appealing to important adolescent issues, counselors fail to alert the student body on what might be considered minute information, and the administration lays more attention on the insubordination within Newark High School than towards students who keep the 'academic excellence' of Newark High intact. Structural organization in our school is literally in shambles. As a unit, we could exceed the standards, academically and socially. The growing absence of active student group participation in our school is also another aspect to cringe about. Away from stating the obvious, Newark understands that the school received a new principal for the 2007-2008 school year. I want to stress that we applaud Mr. Bedford's exceptional effort in trying to repair the previous problems left behind by the previous administration.

Obviously, changes require time, patience, and energy from others. The administration has been in an uphill battle ever since the inauguration of Newark's previous principal some four years ago. We as students understand such difficulties, though we as students want more change. To start, students are happy to see the fresh coat of paint around the parking spots in the lot and the new security buzzer in the front of the building. Ironically, I still have to walk through busted pavement to enter the unlocked doors in the back of the building. Our school is trying, we'll give them that. But more importantly than cosmetic change, our students would like to feel a sense of security about their education. We want open communication with staff members throughout the building.

Of course this is what most of the students I've interviewed told me. So why not listen to them for a change?



## Q & A WITH MR. MARTEL

**"With psychology, I now understand what went through my head during adolescence..." -Richard Martel**

***What motivated you to teach Psychology?***

Having a Bachelors Degree in Psychology from the University of Maine, I already had the background needed to instruct such a demanding AP course. I also received my Masters in Human Resource Development from Webster University. I used to teach Geography/Social Studies during my early years, but during my third year here at Newark I asked the administration if I could teach Psychology. Since then, I have only taught CP and AP Psychology classes.

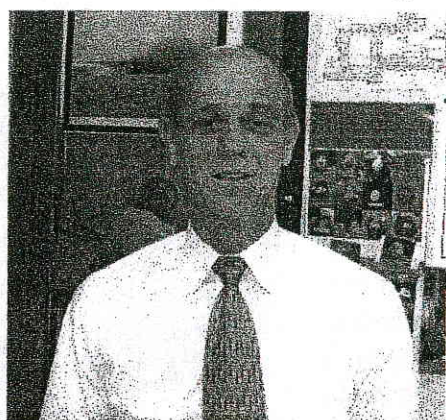
***I have heard stories about you in a mental hospital.....is this true!?!?***

Yes! While earning my Bachelors in Psychology, I was very interested in the area of abnormal Psych. Then when I had the opportunity to interaction with patients at the Bangor State Mental Hospital in Maine, I was excited! One of the course's assignments required me to participate in Operant Conditioning research with my professor implementing Token Economy (rewards used to modify behavior). I also worked at a half-way house at night.....this time for pay!

***What lesson did you take out of Bangor Mental Hospital?***

My strong interest in working in a hospital quickly changed. I came to the realization that I would not find myself happy with such a job. The daily exposure to depressed people made me reconsider a new career path. By that time my mind was on the Air Force. ***Tell us more about your decision to join the Air Force.***

At the same time as my career change of heart, the draft for the Vietnam war was still going on. Having draft number 18, my chances of going into the service were inevitable. I chose to join the Air Force based on my desire to travel and see the world.



Richard Martel, teacher at Newark for seven years.  
(upper left) C130 Combat Airlift he operated in the Air Force

***Brief us on some of the most notable aircrafts you flew.***

For many years I've had my private pilot's license. I remember my first mission in the Air Force I flew on a twin engine T37 Trainer. Later I was a navigator on a C-130 Combat Airlift Transport.

***How do you feel about the evolution of your Psychology classes this year?***

Great! I feel that I have overcome the burden of block scheduling. I am now confident that my AP students will successfully complete the course material with extra time to study for the May exam.

***For the record, what was the most craziest/unlawful thing you did in high school/adolescence?***

Well let's just say I had a motorcycle and broke a few laws with it. Thankfully I didn't get hurt!

\*Glenn Watson reporting

To record quotes from their favorite teachers, students invested in 'little black books' and have taken action. The following are some notable quotes worth pondering over.

## Memorable Quotes of Life



***"If you didn't do your homework  
I'm going to pull out the horse whip!"***

***"If you whine, you get what you want."***

***"What you eat today you sit on  
tomorrow...that junk in the trunk."***

***"When you go shopping at Pathmark, you're going  
to impress the neighbors."***

***"Jean-Claude van damn I'm fine!"***

***"This area here is Myspace.com"***





## SGC 'Kudos'

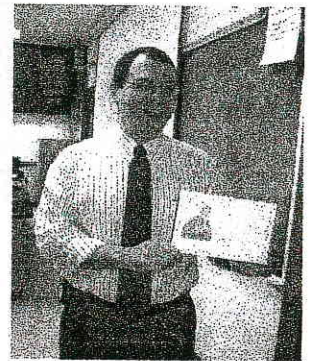
EVERY ISSUE, THE STUDENT GOVERNMENT CHRONICLES WILL BESTOW TWO AWARDS (THE BOB JEFFERSON AWARD OF ACADEMIC EXCELLENCE AND THE PETER JAMES YONKO MEMORIAL AWARD), WHICH WILL HIGHLIGHT A STUDENT'S AND/OR FACULTY MEMBER'S RISE ABOVE THE EXPECTATIONS HERE AT NEWARK HIGH SCHOOL. THE ETIOLOGY OF THESE RECOGNITIONS DERIVE FROM THE PERSONS IN WHICH THEY ARE NAMED AFTER. BOTH MEN SHOW EXCEPTIONAL QUALITIES NOT ONLY DIRECTING STUDENTS ON THE RIGHT PATH IN LIFE, BUT ALSO ILLUSTRATING LEADERSHIP VALUES OUTSIDE THE CLASSROOM. THESE AWARDS EXEMPLIFIED THE MOST IMPORTANT QUALITIES THAT THESE MEN HAVE: HONOR, INTEGRITY, AND VALOR IN ASPECTS ONLY CONCEIVED BY FEW. AT THIS TIME, ON BEHALF OF STUDENT GOVERNMENT AND THE POPULOUS OF NEWARK HIGH, WE WOULD LIKE TO THANK THESE GENTLEMEN FOR THEIR PRICELESS CONTRIBUTIONS.

### **Bob Jefferson award of academic excellence:**



When confronted with the notion that an award in his name will inevitably flood the halls of Newark High, Bob Jefferson - administrator extraordinaire who inhabits the confines of Student Services West - simply stated "[ I am ] very honored" with a worried smile crept onto his face. He later questioned the reason for such glorified attention. We gave Mr. Jefferson a simple answer; "Why not?".

The Bob Jefferson Award of Academic Excellence is a prestigious award congratulating notable intellectual accomplishments, along with showing academic integrity. Encompassing the previous qualifications, the staff here at SGC find no better person than Mr. Peter J. Yonko to receive the first Bob Jefferson Award. Mr. Yonko has long reached legendary status here at Newark High School, behind the estimable Mr. Koliss (Maybe someday Yonko.....just maybe). For the time being, Mr. Yonko has this award to give his resume a drastic boost.

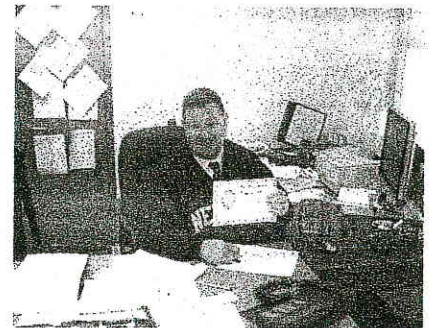


*Yonko ecstatic after receiving the Bob Jefferson Award*

### **Peter James Yonko Memorial Award**

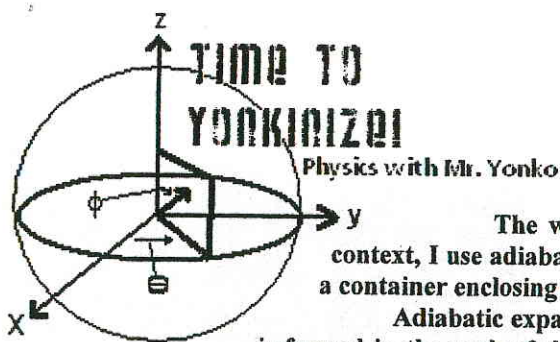
From his Facebook club to his chocolate Labrador, Mr. Yonko has all life has to offer. Mr. Yonko can even find the square root of any classroom while blindfolded, riding a pony, singing hymns about John Brown's body, and then asking if he can erase at the same time! Not convinced of Yonko's excellency? Well, word on the street tells sources that T-Nails, Yonko's alleged street name, has a time machine in which he uses to integrate himself back to Bob Barker's prime. With this in mind, the award has

accurately been labeled 'Memorial' since (according to the principles of Apoptosis) Peter J. Yonko was scheduled to meet the gates around the time of 100 B.C.E. . Our staff found it proper to award Mr. Bob Jefferson the first Peter James Yonko Memorial Award. Jefferson displays the qualities of a true Legend. He holds his walkie close by while ruling Newark with an iron fist. Characteristics of an exceptional leader!



*Jefferson in complete awe over the presentation*





## Adiabatic Expansion or Compression of a Gas

The word adiabatic comes from a Greek word for impassible (adiabatos). In this context, I use adiabatic to refer to the inability of thermal energy (heat) to pass through the walls of a container enclosing a gas.

Adiabatic expansion is readily observed when popping the top off a soda bottle. The mist that is formed in the neck of the bottle above the liquid is a result of adiabatic expansion of the water vapor and  $\text{CO}_2(g)$  in the bottle. The gases cool in the process of expanding, and if the temperature in the bottle reaches the dew point for the gases, a fog is formed. The gases expand so quickly that thermal energy does not have time to flow into the bottle to prevent the drop in temperature of the gases and to prevent the mist from forming.

Adiabatic compression can also be observed. When a gas is compressed and thermal energy is not allowed to leave a container enclosing the gas, the temperature rises. You may have observed your bicycle pump warming up after pumping up your tire. The air is compressed so quickly that thermal energy does not have time to flow away from the pump fast enough to prevent an increase in temperature of the air. Another practical use of adiabatic compression is demonstrated with a fire piston. Fire pistons are sold to campers as a way to start a fire with only the air and dry grass, leaves, or cloth. In a fire piston, a small diameter plunger is rapidly pushed down on a cylindrical container of air, which compresses the air quickly and ignites the combustible material. Diesel engines also make use of adiabatic compression of the air/diesel mixture in order to ignite the fuel. The compression ratios for a diesel engine range from 14:1 to 25:1 (with no spark plugs needed) compared to a gasoline engine's compression ratios, which range from 8:1 to 12:1 (with spark plugs needed).

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*Mr. Mooney tells all in his 'Spring fitness awakening' of how to bounce back from the unproductive winter months*

## F U N FITNESS with Mike Mooney

With morbid curiosity, I step on. My fancy digital, glass-topped scale takes a moment before deciding my mental state. 173.9 blinks up at me in stark relief. Really? The super scale never lies. Panic! A straight-up, pulsing fear of being fat is suddenly present in every cell of my body. Even for a masterful practitioner of denial, this is getting bad. I was at my "fat and happy" weight of 165 pounds just a couple of months ago, planning a comeback to regain my 155 pound fit-weight. Something happened over winter break. For starters the Carpenter Sports Building gym was closed. I was still on doctor's orders not to engage in impact workouts, like my lifelong salvation running, while my knee healed a little more. My New Years resolution was none too resolute. I retired to the couch.

Two months and ten pounds have transpired since. I would have a tough time running now even if I could. The further removed I get from my fit-self, the more daunting the task of just getting started on the way back becomes. I know, I am the health teacher and a track coach. I am actually literate on these matters. A lot of pseudo-facts get thrown around as marketers hope to cash in on our national obsession with quick-fix fitness. The truth is, the weight thing is a simple matter of calories-in v. calories-out. If you want to lose weight, you just have to burn more calories than you take in. This is effectively done with a combination of increasing your metabolism, which will result in the expenditure of additional calories and cutting down on the non-nutritive foods to decrease the calories coming in. When the balance is shifted, you have a net loss of calories and you lose weight.

The metabolism part is a little tricky. If you cut out too many calories, your body will go into survival mode and fight to hang on to its life-sustaining fat. Too few calories also raise the risk of missing important nutrients. Carbohydrates, proteins, fats, vitamins and minerals all work together in the body and a deficiency in one area can create a domino effect resulting in a health problem. Metabolism is safely raised two ways. Progressive aerobic workouts where you start easy but build up to a point that you can sustain 40- 60 minutes at 65- 85% of your maximum heart rate are most effective. We are talking running, biking, swimming, and circuit training with light weights. Elliptical trainers are very popular at exercise facilities.

Major beneficial adaptations also occur within your cardiovascular system. People call aerobic workouts the closest thing we have to the 'fountain of youth' for all life-giving oxygen delivery benefits derived. The progressive part is important. If you just do the same thing over and over you will have reached the point of diminishing returns in about six weeks. You no longer are getting the same benefit for a given amount of work. You have to keep changing. "Muscle confusion" is what I've seen one marketer call this. It is not confusion. It is just starting over somewhere else to maximize your body's adaptive response. The other way to boost your calorie burn is to raise your basal, or resting, metabolism. We all burn more calories every day just doing the basics to stay alive like breathing, circulating blood, digesting food and staying upright than we do exercising. Resistance training builds muscle, muscles burn calories. The more muscle mass you have the greater your basal metabolic expenditure.

So yeah, I know. We all know. It's Newton's Laws. It takes a little push to create the momentum to get started. Once started, we can take our fitness to where we want it and our fitness can take us to where we want to be. Something so valuable is worthy of a little effort. It's almost spring, time for a push.



# History!

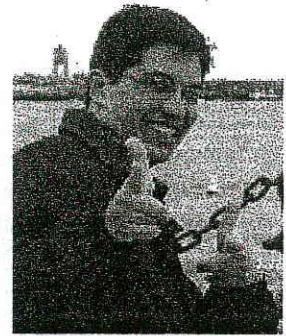
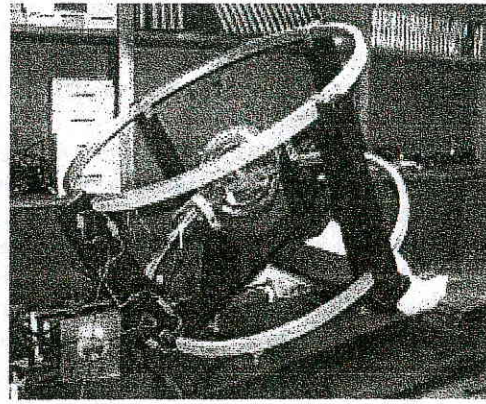
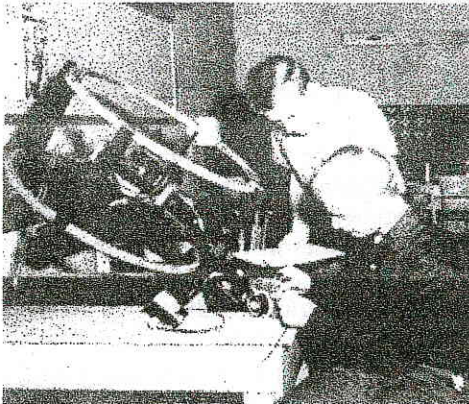
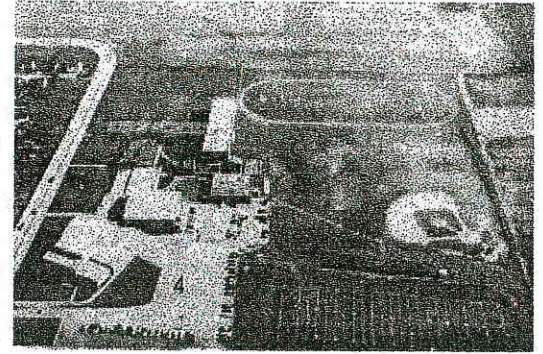
*of Newark High*

Inspired by Mr. Freccia's research on the history of Newark High School, published in the 'Histories of Newark' book last year, I took it upon myself to do some research of my own. In my investigations, I've found many interesting facts, pictures, and statistics that I now wish to share with the current history makers here at Newark through this and upcoming publications of the SGC. This issue will focus on Newark High in the late 50's and early 60's.

Before Newark High integrated into the Christiana School District, Newark Senior High (the school's official name) was a part of the 'Newark Special School District'. I don't know why Newark folded on the name. I thought the being apart of a 'Special' district was appropriate. At the beginning of the 60's Newark Senior High first started to integrate ninth graders into the school. Classes as 'Problems in Democracy' and partnerships with the University of Delaware were commonplace. I was fascinated to see that Economics was first introduced at this time. English was the only Advanced Placement course offered.

Besides the curriculum, the structural difference of the school also caught my eye. The only wings in the building at that time were A, B, and C wings. Even the library we know today didn't exist. Instead, the library was in the Main Office. The area around Newark Senior High was spacious without any apartment buildings or shopping centers to be seen (picture top right).

My last tidbit compares two machines found in the Physics Laboratory then and now. I was surprised that this particular machine lasted sixty years of experimentation! The pictures below show a Helmholtz Coil, a device for producing a region of nearly uniform magnetic field, in the 1962 Newark Special School District annual report (left) and the machine still in use (right).



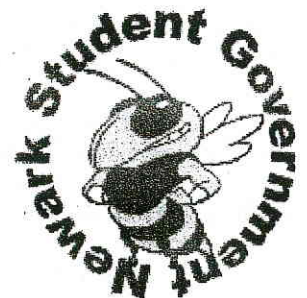
Mr. Freccia: History Extraordinaire

By Glenn Watson

I am happy to report that Student Government has experienced a productive 2007-2008 school year so far. Past events such as Homecoming, Student/Faculty Dodge Ball Game, and Survivor were a great success. Also with our new classroom (E110) and our largest organization to date (75 members) this year has been a 'banner' year.

Our eyes are now on a 'Spring Fling' event this April 11th (a casual dance without a dress requirement). Tickets for this event will go on sale in the coming weeks at a price of \$5.

Anyone interested in joining the largest student organization here at Newark can contact Mr. Freccia in E105 or stop by the Student Government Lounge in E110 during all A-day lunches. Participation in Student Government not only gives you service hours for select events but looks good on any college application! All are welcomed.





Where in the world is Tiffany Wen? We know the literal body and flesh of Tiffany Wen is off in the hallowed halls of Harvard, but where is our Tiffany Wen? Who will the future remember as the next Tiffany Wen? For those who don't know Tiffany Wen she was last year's Valedictorian. We have students who could possibly fit the build, but lack a key aspect. No one student at Newark High School wrapped the entirety of their life around this school. Many have dedicated a majority of their life to this school, and to make this comparison is not to make light of the amount of work these students have put in.

Some students have made a mockery of the 4.0 grading system. Cumulative GPA's of over 4.3 are not unheard of. There are a select number of students who have given the completeness of their existence to clubs and organizations at this school. YIG, MUN, and BASSU are all creative anagrams, but they are also the source of extreme dedication and inspiration among our student body. Shy of this we have our athletes, our actors, our speakers, our idiot savants, and a large amount of other types of students that lead to our success. All of these students have helped create a well rounded school, filled with dedicated students, but the question remains: Who will be remembered as the next Tiffany Wen?

For the class of 08' there are some obvious choices. There is Meghan Barber, a highly involved class officer, a phenomenal student, and an amazing cheerleading captain. Very few can compete in the amount in which she has given to the senior class. Her extra-curricular involvement is astounding, but will she be the one you remember most?

Scott Shinton, another dedicated senior class officer, has to date the most impressive admissions standing among the student body. His admission to Yale alone would be enough to secure his position on this list, but that isn't the singular reason. He is one of the most decorated swimmers here at Newark. Could he be the most memorable?

While Dylan Chapp lacks the academic performance, he makes up for it in that "intellectual" charisma that has been so elegantly thrown about the past four years. Dylan has nearly unanimously been nominated most intellectual in our senior class superlatives, and his ability to enlighten and confuse with his well crafted orations. Will his intelligence resonate the longest?

Jessica Ermak, our current salutatorian, is an obvious candidate. Her dedication to Cross Country, and her involvement in Student Government are all complimented by her academic performance. Her status, that of the utmost esteem from her teachers, may be enough for her to be most memorable.

Could Pedro Sanchez be the most memorable? Our valedictorian has completely destroyed the 4.0 GPA and has mastered every subject he has taken, especially the sciences and mathematics classes he has taken. Everyone is aware of how well he did in school, but is that enough to be the next Tiffany Wen?

So, these five students have demonstrated extreme dedication to their school and education. Unable to speak for myself, I can say these five are bound for success will lead lives full excitement and fame, but the question remains. Who will be the next Tiffany Wen? Maybe no one. Only time will tell.

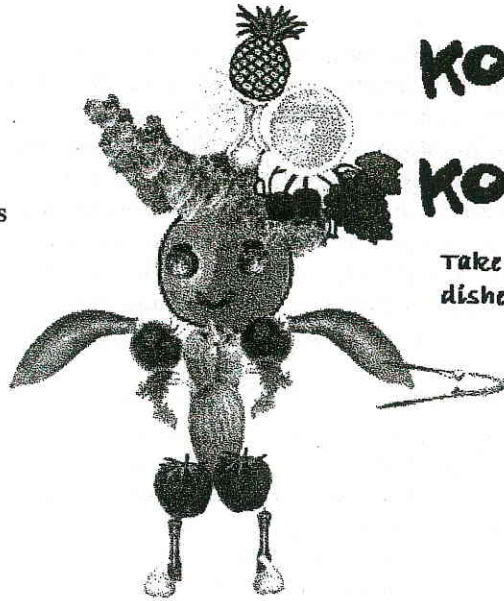
## !?!?!? INTERESTING FACTS !?!?!?

- 'Go', is the shortest complete sentence in the English language.
- If you yelled for 8 years, 7 months and 6 days, you would have produced enough sound energy to heat one cup of coffee.
- Banging your head against a wall uses 150 calories an hour.
- Right-handed people live, on average, nine years longer than left-handed people do.
- Polar bears are left handed.
- A cockroach will live nine days without it's head, before it starves to death.
- Dentists have recommended that a toothbrush be kept at least 6 feet away from a toilet to avoid airborne particles resulting from the flush.
- No piece of paper can be folded in half more than 7 times.
- American Airlines saved \$40,000 in 1987 by eliminating 1 olive from each salad served in first-class.
- The reason firehouses have circular stairways is from the days when the engines were pulled by horses. The horses were stabled on the ground floor and figured out how to walk up straight staircases.
- Richard Millhouse Nixon was the first US president whose name contains all the letters from the word 'criminal.' The second was William Jefferson Clinton.
- No word in the English language rhymes with 'MONTH.'
- Walt Disney was afraid of mice.
- Ninety percent of New York City cabbies are recently arrived immigrants.



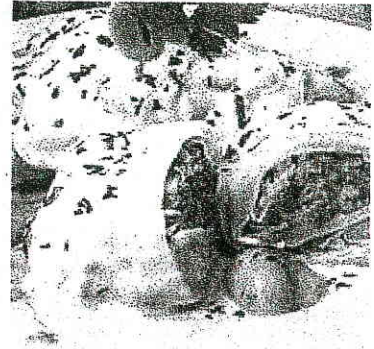
### Ingredients

- 2 lbs of Ground Beef
- 2 Cabbages
- 2 Cups of white rice
- 1 1/2 Cups of Sherry
- 2 16 oz Cans of Plum Tomatoes
- 1 16 oz can of Tomato Paste
- 4 Eggs
- 2 cup water
- 1/2 Stick of butter
- 2 Onions
- 5 Cloves of Garlic
- 1 Can of Sauerkraut
- 1 Red Pepper
- 1 Green Pepper
- 5 Carrots
- 2 Teaspoons paprika
- 1 Teaspoon Black Pepper
- 1 Teaspoon salt
- 2 Tablespoons of oil
- 3 Tablespoons of Brown Sugar
- 1 Chicken Bouillon cube



# cooking with koliss

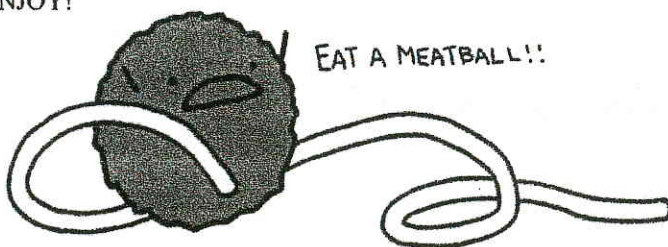
Take a trip and discover some of the finest dishes in the world with Mr. Koliss!



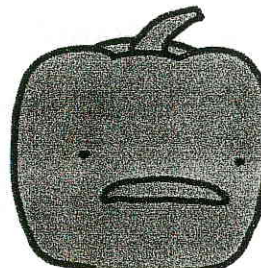
Polish Stuffed Cabbage

### Directions ;

- 1) Initiate the thermodynamic exchange between your oven and 2 quarts of Brita filtered water.  
Add the square root of 16 over 4 table spoons of cooking oil, a pinch of salt, and a dash of mrrrrrr.
  - 2) When water is at 373 degrees Kelvin integrate the rice particles and eliminate the heat source. Allow substance to simmer with continuous stirring at all points. Separate liquids from solids in strainer and dilute heat with cold water (contact Dr. Thayer for assistance).
  - 3) Place the derivative of two cabbages in boiling water for 1,200 seconds.
  - 4) Using a salad steak knife, chop up carrots, red and green peppers and induce into a 2 quart receptacle with 25% of a stick of butterrrrrr..
  - 5) 1/4 stick of butterrrrr + 2 diced onions + 5 diced cloves of garlic = contents needed for the additional sauté pan. After butter melts add the quantity (1/2 cup water + 1 chicken bouillon cube + 1 cup sherry)
  - 6) After 5 minutes of heat add selected proportions of brown sugar, paprika, pepper and salt. Cook for 5 more minutes before removing the sample from the heat.
  - 7) In a separate large container with a hyperbolic parabolic shape integrate rice, raw meat and eggs into a homogeneous mixture.
  - 8) Add sautéed vegetables while combining a series of 8oz tomato pastes and a 16oz supply of plum tomatoes. Mix well.  
Refrigerate while preparing sauces.
  - 9) With another pot combine 1/2 cup of sherry, 1 can of plum tomatoes (mashed up) and 1 1/2 cups of water. Radiate for 10 minutes.
  - 10) Take 2 deep dish baking pans and place sauce to cover bottom of pans.
  - 11) Preheat oven at  $((350 \times 9/5 - 32) + 273)$  K.
  - 12) Remove  $\cos(0)$  leaves of cabbage and place  $2\cos(0)$  tablespoons of filling, fold in sides and roll. Then derive them onto the pan giving attention to the fold facing the negative vertical direction.
  - 13) Cook maximized number of servings for 3,600 seconds.
  - 14) Apply liberal amounts of sauce on delicious stuffed cabbages and serve to the New York Giants
- ENJOY!



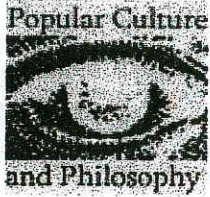
EAT A MEATBALL!!



i'm just an unripe bell pepper, guys.



# A Quick Note in Philosophy



One problem with philosophy is that everyone seems to have one. The corporate spokesperson who articulates "this company's philosophy . . ." or the famous director who's asked, "What's your philosophy of cinema?" make it seem like just about everyone's reading Wittgenstein and thinking very, very hard. But these two are simply speaking about corporate values and goals, and cinematic style and technique.

Philosophy is not something you have. It's something you do. True, having a lot of knowledge helps. If you want to understand something, it pays to spend some time learning about history's smartest minds and how they tried to understand things. That's why "the philosophy of Descartes", for example, is something most philosophers know all about. And that's just about the only reason why. Knowing a lot about Descartes or Kant's or Carnap's ideas makes you a good philosopher no more than owning a vintage '58 Les Paul makes you Jimmy Page.

All of which is to explain two things. First, since it's something you do, philosophy is never finished. Whoever tells you "I'm done, I've figured it all out, and you should just believe what I say" has gone to the dark dogmatic side. He or she may be a prophet or guru (so watch your wallet), but not a philosopher, the best of whom dedicate themselves to figuring out what they don't know. They also change their minds about things—not because they're lesser philosophers, just the opposite: they're learning.

And it helps explain why philosophers incessantly disagree with each other—less, perhaps, about the details of Descartes and other classics. Those are part of the canon and have been analyzed to death. But when it comes to the ideas and concepts lurking in icons like Pink Floyd, Monty Python, or *The Simpsons*, philosophers are on their own and, as it should be, their minds move in so many different directions it can make you dizzy.

by George Reisch, Noël Carroll and Dan Flory (<http://www.opencourtbooks.com/columns/9-19-07.htm>)

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by Glenn Watson

## VIEW ON NEWARK'S LATE POLICY

Are you sick of running to class in the morning with the eerie sound of administrators counting down every second till the late bell? Who isn't. If they wanted to make themselves productive, they should physically give those students a push. A cow prod or squeegee might work. Just a thought. But on top of that, teachers have the audacity to slam the door in your face if you're a second late. A mere second! I understand the responsibility of getting to school on time, but is the late policy too harsh? Is being a second late for a 7:15 class inexcusable? College classes don't even start that early!



In the event you are late, the A café is the place for you. I always enjoy waiting in line twenty minutes in A café so they can check me off and write my name on a yellow slip. After getting my slip I am treated as a criminal if I don't have the pass visible at all times. Joyous me! Once I finally sit down twenty five minutes later, already falling behind in class for the day, I ask my self, "What was the reason for that nonsense?" What was the reason for wasting so much time rather than learning; the reason I came to school in the first place. I question the productivity of this system. Then I sit. I sit in silence thinking about how I should have been one of those students walking the other direction when I, the good student, was walking in. Next time your late tell the administration that they should be honored to have such a scholarly student (cannot guarantee that you won't get ISA though).

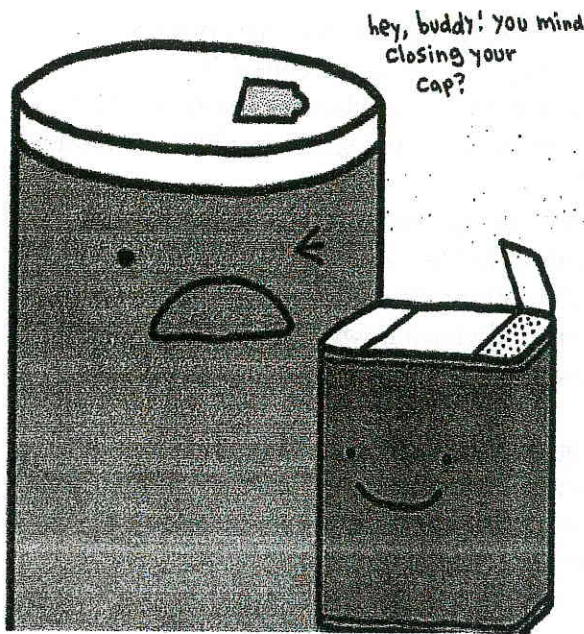
To make it easier, Newark High School, I will embrace thee with a simple plan to make this process more productive. Now pay attention teachers, since this one's for you. When a student is late.....MARK THEM LATE! The student will still reap the benefits of not having to take a pilgrimage to A café every morning while being marked late for the morning! Thank you, I know I'm good : )

Furthermore, I am upset that the school does not reset the late counts every marking period. I have heard of students getting a Saturday detention because they were late September 26<sup>th</sup>! Sheer frivolities it is. Shenanigans as this must be halted for future generations of Newark students!

So administration: I am asking for reform. Teachers: I am asking for leniency. Students: just be on time!



# Fun Page



she's a brick...house"



## Chuck Norris Jokes...Why Not?

When taking the SAT, write "Chuck Norris" for every answer. You will score over 2400.

They were going to release a Yonko edition of Clue, but the answer always turns out to be "Chuck. In the Library. With a roundhouse kick.

When Chuck Norris falls in water, Chuck Norris doesn't get wet. Water gets Chuck Norris.

Chuck Norris always knows the EXACT location of Carmen SanDiego.

It takes Chuck Norris 20 minutes to watch 60 Minutes.

# I ♥ John Brown

## Trivia Questions

1. What president's mug graces a \$100,000 bill?
2. What two letters are both symbols for 1,000?
3. What organ is inflamed when one has encephalitis?
4. What Physicist's last words were not understood because his nurse did not speak German?

Answers: 1. Woodrow Wilson; 2. K & M; 3. Brain; 4. Einstein

## Corby Color in

